TAKBEERAT
Posture 1

Instructions:
Bring hands, palms open, up to ears, and place thumbs behind earlobes, and say

**Allah-o-Akbar**
**Allah is the Greatest**
AL-QAYYAM
Posture 2

Recitation:

Sábbáhān kālāh-hum-ma wa bi-hamdiyk,
watabārakās-muka wata’ālá jadduka,
wa-lā ilāhay hghārūk
O Allah, Glorified, praise-worthy.
and blessed is Thy Name and exalted Thy Majesty.
and there is no deity worthy of worship except thee.

SUBHÁNA-KALLÁH-HUM-MA WA BI-HAMDIKA,
WATABÁRAKAS-MUKA WATA’ÁLÁ JADDUKA,
WA-LÁ ILÁHA GHAÍRUK
AL-QAYYAM

Recitation:

A'Ú-DHU-BIL-LÁ-HI MINASHAITÁNIR RAJÍM
I seek refuge in Allah for the rejected Satan

BISMILÁHIR RAHMÁNÍR RAHÍM
In the Name of Allah, the Beneficent, the Merciful

After this recite the opening Surah, Al-Fátihah:
Recitation:

ALHAMDU LIL-LÁHI RAB-BIL ‘ÁLAMÍN
Praise be to Allah, Lord of the worlds

AR-RAHMÁ-NIR RAHÍM
The Beneficent, the Merciful

MÁLIKI YAU-MID-DÍN
Master of the Day of Judgement

IYYÁ-KA N‘ABUDU WA-IYYÁKA NASTA‘ÍN
Thee alone we worship and to thee alone we turn for help

IHDÍ-NAS-SIRÁ-TAL MUSTAQÍM
Guide us in the straight path

SIRÁ TAL-LADHÍNA AN‘AMTA ‘ALÁIHIM
The path of those whom You favored

GHAIR-IL MAGHDUBI ‘ALÁIHIM
and who did not deserve Thy anger.

WALAD-DÁL-LIN (AMIN)
Or went astray.

Recite any other surah now
Recitation:

Recite this Surah or Any other Surah

QUL HOWALLAHU AHAD. ALLAAHUS-SAMAD
Say: He is God, The One and The Only. God, the Eternal, Absolute;

LAM YALID; WA LAM YOOLAD
He begetteth not, Nor is He begotten;

WA LAM YAKULLAHOO KUFUWAN AHAD
And there is none Like unto Him.
RUKU
Posture 3

Instructions:
Bend down at waist, placing palms of hands with fingers spread over knees. Back is parallel to ground, such that if a glass of water were on the back, it would not spill. Eyes looking down, directly ahead.

As bending at the waist, recite

Allah is the Greatest
Then 3 Times

SUBHAN A RABBIYAL AZEEM
Glory to my Lord, the reatest
QAYYAM
Posture 4

Instructions:
While rising from the bending position of Ruku', recite

SAMI ‘ALLÁHU LIMAN HAMIDAH
Allah has heard all who praise Him

RAB-BANÁ LAKAL HAMD
Our Lord: Praise be to Thee
Then return to standing position, arms at side

Recitation
ALLÁH AKBAR
Allah is the greatest

and move to next position
SAJJDAH
Posture 5

Instructions:
Go down to a kneeling position by placing both hands on knees, lowering oneself slowly and easily onto knees, then touch the head upon the ground so that the following seven body parts are in contact: forehead, two palms, two knees, toes of both feet.

Recitation
Recite 3 Times

SUBHÁNA RÁB-BI-YAL A’ALÁ
Glory to my Lord, the most high
Posture 6

Reciting

**ALLÁH AKBAR**

Allah is the greatest

Rise from the SAJJDAH position, and assume the sitting posture shown to the left.

Recitation

**ALLAAHUM MAGH-FIRLEE WARHAM-NEE WAHDI-NEE**

**WA 'AFI-NEE WARFA'NEE WAJ-BUR-NEE WAR-ZUQ-NEE**

Then recite

**ALLÁH AKBAR**

Allah is the greatest

And then assume SAJJDAH position once more
SAJJDAH
Posture 7

Instructions:
Go down to a kneeling position by placing both hands on knees, lowering oneself slowly and easily onto knees, then touch the head upon the ground so that the following seven body parts are in contact: forehead, two palms, two knees, toes of both feet

Recitation
Recite 3 Times

SUBHÁNA RÁB-BI-YAL A’ALÁ
Glory to my Lord, the most high
Instructions:
If the required number of Rakats is but two, the Salat would proceed to the next recitation.

Recitation:
الصَّلَاةُ عَلَيْهِمْعَلَيْنَآ وَعَلَى عِبَادَاللَّهِ الصَّلِّيُّينَ
وَعاَلَى عَلَيْنَا وَعَلَى عِبَادَاللَّهِ الصَّلِّيُّينَ
وَإِنَّمَا آتَيْنَا عِبَادَتَنَا لِيُجْعَلَ لِيُؤَدِّي سَبِيلَهُ بِإِرَاءَتِي
وَلَا يُحْزَنَ عِيْنَيْهِا مِنِّيِّمَا أَصَابَهُ مِن طَاعَتِيّ
Posture 8

Recitation

AT-TAHI-YÁTU LIL-LÁHI WAS-SALAWÁTU WAT-TAY-YIBÁTU.
All prayers and worship through words, action and sanctity are for Allah only.

AS-SALÁMU 'ALAIKA AY-YUHAN-NABIY-YU.
Peace be on you, O Prophet.

WARAHMATUL-LÁHI WABARAKÁTUH.
And Mercy of Allah and His blessings.

AS-SALÁMU 'ALAINÁ WA'ALÁ 'IBÁDIL-LÁHI SÁLIHÍN.
Peace be on us and on those who are righteous servants of Allah.

ASH-HADU AL-LÁ ILÁHA IL-LAL-LAHÚ.
I bear witness to the fact that there is no deity but Allah.

WA-ASH-HADU AN-NA MUHAMMADAN 'ABDUHU WARASÚLUH
I bear witness that Muhammad is His slave and messenger

Instructions:
In the three raka'át(i.e. Maghrib) or four raka'át (Like Zuhr, 'Asr and 'Ishá) Saláh you stand up for the remaining raka'át after Tashahhud. On the other hand if it is two raka'át (Fajr) Saláh, keep sitting and after this recite Darud (blessing for the Prophet) in these words:
Recitation

Al-lāhummā sallī al-Muhammad-iw wa 'Alā 'Alī Muslimadin
O Allāh, exalt Muhammad and the followers of Muhammad

Kamā sal-lāita 'Alā 'Ibrāhīma wa alā 'Alī 'Ibrāhīma
As thou did exalt Ibrahim and his followers

In-naka Ḥamīdum-majjīd
Thou art the praised, the Glorious
QUOOD
Posture 8

Recitation

اللهُمَّ بَارِكْ عَلَى مُحَمَّدٍ
وَعَلَى آل مُحَمَّدٍ
كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمٍ وَعَلَى آل إِبْرَاهِيمَ
أَنّكَ حَمِيدٌ مَجِيدٌ

AL-LÁHUM-MA BÁRIK ‘ALÁ MUHAMMAD-IW
O Alláh, bless Muhammad

WA ‘ALÁ ÁLI MUHAMMADIN
and his followers

KAMÁBARAKTA ‘ALÁ IBRÁHÍMA WA ‘ALÁ ÁLI IBRÁHÍMA
as Thou has blest Ibrahim and his followers

IN-NAKA HAMÍDUM-MAJEED
Thou art the Praised, The Glorious
O Lord! Make me one who establishes regular Prayer, and also (raise such) among my offspring
O our Lord! and accept thou my Prayer
O Lord! cover (us) with Thy forgiveness - me, my parents and all believers, on they Day that the Reckoning will be established
Posture 9

Instructions:
Now turn your face to the right saying

AS-SALÁMU 'ALAIKUM WA-RAHMATUL-LÁH
Peace be on you and Allah's blessings.

Now turn your face to the left saying

AS-SALÁMU 'ALAIKUM WA-RAHMATUL-LÁH
Peace be on you and Allah's blessings.
DUA-E QUNOOT

اللهُمَّ إنَّكَ أنَّستَعيِّنتُكَ وَنَستَغْفِرُكَ وَنَتوُّونِي بِكَ
وَنتَوَكَّلُونَ علىٍّكَ وَنَذَّرُ وَنَتَّكُّلُ عَلَيْكَ الخَيْرَ وَنَشْكُرُكَ
وَلَا تَكُفِّرْنَا وَلَا تَخَلَّفْنَا وَنَتَّرَكُونَ مِنَ الْفِجْرِ
وَلَا تَكُفِّرْنَا وَلَا تَخَلَّفْنَا وَنَتَّرَكُونَ مِنَ النَّهَارِ
اللهُمَّ إنَّكَ نَعْبُدُكَ وَلَا تَصِلِّي وَنَشْكُرُكَ وَإِلَيْكَ
تَسْعَى وَتَحْفَدُونَ وَتَرْجَعُونَ رَحْمَتَكَ وَتَخْشَيْنَ عَذَّاً بِكَ
إِنَّ عَذَّاً بِكَ بِالْكَفْارِ فَلِحَقُّ